

Shoulder dystocia identified

H

H: Call for help

E

E: Evaluate need for episiotomy

L

L: Legs – McRoberts maneuver

P

P: Suprapubic pressure

E

E: Enter Maneuver –
internal rotation of
anterior shoulder:

- Rubin maneuver
- Woodscrew maneuver

**First, use
whichever
maneuver
works best for
YOU
personally

R

R: Removal of
posterior arm

R

R: Roll the patient to hands and knees