

OBSTETRIC HISTORY TAKING (OSCE GUIDE)

An **obstetric history** involves asking questions relevant to a **patient's current** and **previous pregnancies**. Some of the questions are highly personal; therefore good communication skills and a respectful manner are absolutely essential.

AN OBSTETRIC HISTORY SHOULD INCLUDE:

1. Current Pregnancy History
2. Past obstetric history
3. Past gynecological history
4. Past medical and surgical history
5. Drug history and allergies
6. Family history-especially multiple pregnancy, diabetes, hypertension, chromosome or congenital malformations
7. Social history
8. History of systemic review
9. Case summery

Current Obstetric history

- Gravidity
- Parity
- History of LAPs, draining, bleeding and perception of fetal movement
- LMP
- EDD
- The booking status e.g bp
- Number of ANC visits
- ANC Profile
- If received preventative drugs e.g IPT,IFAS, T.T,LLTN

Past obstetric History

- Details of all previous pregnancies (including miscarriages and terminations)
- Length of gestation
- Date and place of delivery
- Onset of labour (including details of induction of labour)
- Mode of delivery
- Sex and birth weight
- Fetal and neonatal life
- Clear details of any complications or adverse outcomes(such as shoulder dystocia, Postpartum haemorrhage or still birth)
- History often repeats itself, so previous antenatal, intrapartum, or postpartum complications should influence the management of this pregnancy

Gynecological History

- Started menarche at which age?
- Regularity of menses, duration?
- Method of FP before pregnancy?
- History of cervical cancer screening?
- Coital problems

Chief complain?

- What brought the client to the facility

Past Medical History

- History of previous admission
- Current medications?
- Any allergies and their severities e.g rash or anaphylaxis?

Surgical History

- History of surgical operation
- History of blood transfusion

Family History

- History of hereditary illness or congenital defects
- Previous affected pregnancies
- Multiple gestations

History of Systemic review

- CNC
- CVS
- Respiratory
- GIT
- GENITALIA
- URINARY SYSTEM
- LOCOMORTY