

REMOVAL OF STITCHES

1. Establish rapport and explain procedure to the patient
2. Wear mask, prepare and take trolley to bed side and provide privacy
3. Ask assistant to;
 - ✓ Put patient into a comfortable position, protect bed cloth and expose area to be dressed only
 - ✓ Pour out lotions into gallipot and remove plaster or bandages
4. Wash and dry hands
5. Remove soiled dressing with dissecting forceps and discard
6. Clean wound with series of swabs soaked in antiseptic lotion, place sterile swab near the wound
7. Takes dissecting forceps and stitch removes scissors, grasp end of the stitch with the dissecting forceps and pull gently to expose an area between the knot and the skin
8. Cut stitch between the knot and the knot and the skin, pulls out suture gently and slowly
9. Inspect carefully to make sure suture are removed and discarded on a piece of gauze, noting number of sutures removed
10. Clean wound, apply dressing and secure into position
11. Thank and make patient comfortable in bed
12. Discard trolley and decontaminate instruments
13. Remove gloves, wash and dry hands and remove screen
14. Document and report state of wound

SIGNATORIES

Name of staff(MO/NO/CO/COI/MIDWIFE/ ETC)

Name:

sign.....

Date:

Department in charge

Name:.....

sign.....

Date:

Nursing Officer in charge

Name:.....

sign.....

Date:

Hospital Administrator

Name:.....

sign.....

Date: