

# TUBE FEEDING THE HYPOACTIVE PATIENT

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1. Explain the procedure to the patient stressing the need to maintain his nutritional status
2. Provide privacy and send prepared feeding tray to patient's bedside
3. Put patient in the most comfortable position, together with the assistant
4. Assign the assistant to study the patient's head
5. Wash, dry hands and check if the NG tube is in stomach
6. Remove spigot and fix the barrel of 20cc syringe to the NG tube
7. Run about 10-15 mls of normal saline or water through the tube
8. Check temperature of feed and pour it into syringe and allow to run by gravity
9. Pour the feed gradually until the required amount is administered
10. Observe the patient throughout the procedure
11. Run water(10-15mls) through the NG tube after feeding
12. Remove the syringe, clean the tip of the tube and fix the spigot and secure the NG on the patient's neck
13. Make patient comfortable and thank him
14. Discard tray and wash hands
15. Document procedure on the intake and output chart and nurse's note indicating patient's reaction and any other observations

## SIGNATORIES

*Name of staff(MO/NO/CO/COI/MIDWIFE/ ETC)*

*Name: .....*

*sign.....*

*Date:*

*Department in charge*

*Name:.....*

*sign.....*

*Date:*

*Nursing Officer in charge*

*Name:.....*

*sign.....*

*Date:*

*Hospital Administrator*