

STEPS IN NEONATAL RESUSCITATION

1. Prepare and check equipment
2. Dry and stimulate the baby, change the towel
3. Assess the ABC, "shout for help". Show the mother the sex, after clamping and cutting the cord, explain what you are going to do to the baby
4. Airway – Position the baby in 'sniffing' position
 - Suction visible secretions
5. Breathing -Look –chest movements
 - Listen to breath sounds
 - Feel for warm air current coming from the nose
 - If no breathing, give a rescue breath, ventilate 40-60 breaths/minute, stop and assess
 - Use a three word syllable in counting the breaths
 - Verbalize the counts
 - If no breathing after the rescue breath, move to circulation.
 - If Heart rate is <60b/minute, give chest compression and ventilation breaths at 3:1
 - If >60b/minute continue with bagging(Ventilation alone until baby achieves spontaneous breathing)
 - If difficulty in breathing administer oxygen
6. Give Health Messages to the mother on;
 - Breast feeding
 - Keeping the baby warm
 - Signs of baby not breathing well and any other danger sign
 - Hygiene practices