

Tepid Sponging

1. Explain procedure to patient and provide privacy
2. Prepare trolley and send to bed side
3. Wash and dry hands
4. Take patient temperature, pulse and respiration
5. Arrange top bed clothes leaving top sheet
6. Protect bottom sheet and undress the patient
7. Wash and dry face to refresh patient
8. Leave a flannel rung out of cold water on the patient's forehead
9. Place 6 pieces of flannel into basin or tepid water
10. Place a wet flannel in each axilla and groin (wrung the out tightly)
11. Change the wet flannel frequently to keep the tepid
12. Sponge upper arms, trunk, lower limbs and back in strikes leaving some drops of water on the skin
13. Change water as often as necessary
14. Leave patient for 15-20 minutes
15. Dress patient up and recheck temperature and chart
16. Thank and make patient comfortable
17. Wash and dry hands and serve cold drink if necessary
18. Document procedure and report findings

SIGNATORIES

Name of staff(MO/NO/CO/COI/MIDWIFE/ ETC)

Name:

sign.....

Date:

Department in charge

Name:.....

sign.....

Date:

Nursing Officer in charge

Name:.....

sign.....

Date:

Hospital Administrator