

# Treatment Of Pressure Areas

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1. Explain procedure to the patient
2. Prepare lukewarm water for the procedure
3. Set trolley and send to patient bedside and provide privacy
4. Remove patient bed clothes and cover with sheet
5. Protect bed with mackintosh and draw towel
6. Roll patient onto the side, (left/right lateral) or prone, with head turned to one side
7. Examine and note any abnormalities
8. Clean all pressure areas with soap and water in a soft towel with gloved hands
9. Knead all pressure areas with finger pads, one area at a time
10. Rinse and dry skin with soft dry towel
11. Apply moisturizing cream or alcohol – free barrier cream
12. Groom and make comfortable in bed
13. Position patient in any of the following positions at 30 degree angle, prone supine left/right, or left sim's
14. Thank patient and discard trolley
15. Wash and dry hands and document procedure and findings
16. Inform charge – nurse of any abnormalities

## SIGNATORIES

Name of staff(MO/NO/CO/COI/MIDWIFE/ ETC)

Name: ..... sign..... Date:  
Department in charge

Name:..... sign..... Date:  
Nursing Officer in charge

Name:..... sign..... Date:  
Hospital Administrator

Name:..... sign..... Date: