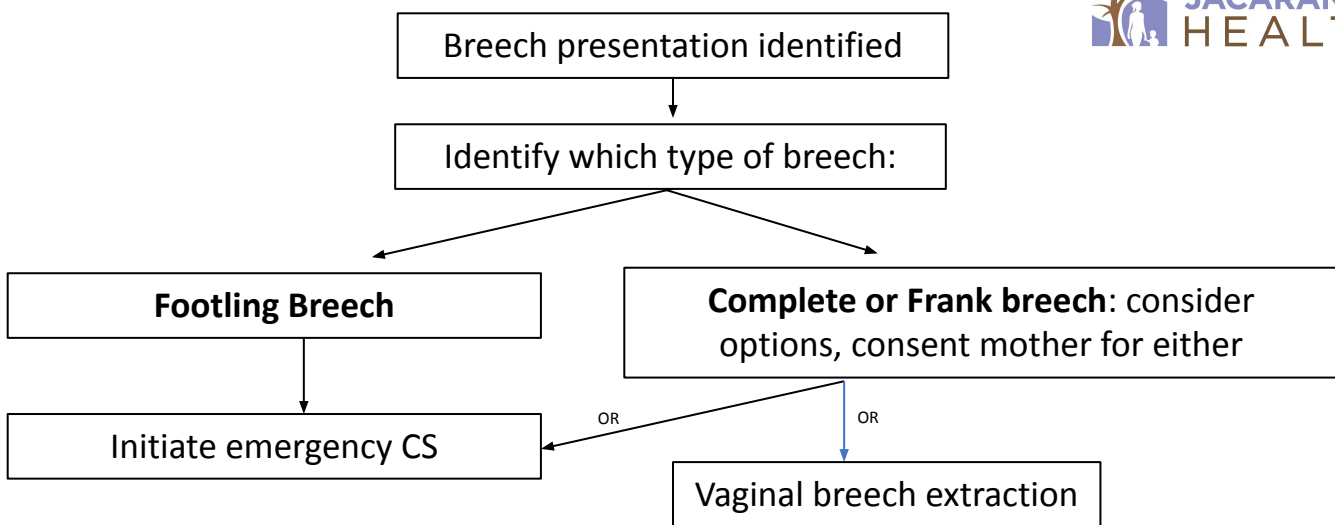


Vaginal Breech Extraction



Step 1. Delivery of buttocks and Legs:

- Once buttocks have entered the vagina/cervix is fully dilated, tell woman to push with contractions
- Let the buttocks deliver until the lower back and then the shoulder blades are seen
- Wrap fetal body in dry towel and gently hold the buttocks in one hand, but do not pull.
- If the legs do not deliver spontaneously, deliver one leg at a time using **Pinard Maneuver****

****Pinard Maneuver:**
sweeping/external rotation of each thigh combined with rotating the pelvis in the opposite direction resulting in the flexion of the knee and the delivery of each leg

Step 2. Delivery of arms:

- Allow the arms to disengage spontaneously one by one
- Assist if necessary using **Lovset's maneuver****

****Lovset's Maneuver:**
- With thumbs on the infant's sacrum, take hold of the hips and pelvis with the other fingers
- Turn infant 90° to bring the anterior shoulder underneath the symphysis and engage the arm
- Deliver the anterior arm
- Then do a 180° counter-rotation to engage the posterior arm, which is then delivered

Step 3. Delivery of the head

- Lay the baby face down with the length of its body over your hand and arm.
- Use **Smellie Veit**** maneuver to delivery head
- ** Note:** Ask an assistant to push above the mother's pubic bone as the head delivers. This helps to keep the baby's head flexed.

****Smellie Veit Maneuver:**
- Lay baby face down with the length of its body over your hand and arm
- Place index and middle fingers of this hand on the baby's maxilla (bone behind upper lip) to bring the neck into moderate flexion
- Use the other hand to grasp the baby's shoulders
- Gently flex the baby's head towards the chest, while applying downward pressure on the jaw to bring the baby's head down until the hairline is visible
- Pull gently to deliver the head

Step 4. Post delivery care:

- Place infant on mom's abdomen
- Proceed with routing post delivery care

